

The Dimensional Navigator

≈ Your guide to the 7th Golden Age
and the 2012 Ascension ≈



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www.AyniLifeWeaving.com

Here Comes the New!

Have you noticed that the energy is “all over the place” these days? It is easy to move through some days very smoothly while others are problematic. Those of you who are sensitive to the energy changes are feeling bouts of dizziness and nausea along with an occasional headache and are wondering what is happening. Another energy stream you might encounter is that of *fear*, which is coming from the collective (the entire population). These are just more of the changes that we’ve been expecting as our planet moves closer to the year 2012 and ascension.

The new year started off a bit slow and rocky with lots of wild weather and stumbling blocks but is now starting to accelerate. January was the month to seek out what inspires you; to start connecting to your spiritual family—to those who understand this new energy. And it was also the month to expect the unexpected.

We had a solar eclipse on January 26th which opened new pathways for us—results becoming evident on either February 12–14 or February 26th.

February is the time for building foundations and catching up with anything that has fallen through the cracks. Use this month’s energy to complete long-standing projects. You can also expect more possible emotional releases.

Know that the energy is beginning to move forward this month. The old structures must give way so new ones that are more in alignment with the incoming energy can be built. We all need to work together to meet the challenges and shifts coming our way this year. Stay fluid; look for ways to stretch, reach and grow; stay relaxed and out of fear; trust God and yourself.



A Hopeful Sky

Is it Mine or the Collective’s?

If you are experiencing strange energy at any time, mentally surround yourself in a plexiglass booth. After a moment or two of isolation, reevaluate how you are feeling. If you are much improved, the energy affecting you is coming from around you—e.g. some other person near you. Let yourself be reassured and get on with life.

The key is to identify the energy but do not identify with it! Let it pass on through you without worry.

Carole’s Upcoming Classes and Events at Sacred Journeys

Ayni Alchemy: February 25, 6:45-8:00 p.m.
This month's group LifeWeaving topic is weight loss.

Getting in Touch! Basic Intuition & Pendulum:
Saturday, March 21st, 1-5 p.m.
Learn several methods to tap into you own intuition.

LifeWeaving & Restoration, Level I:
March 28th & 29th, 12–5 p.m.
Enable yourself by leaning this 5th dimensional healing method.
(Basic dowsing skill required.)

Check for full details at www.AyniLifeWeaving.com
To Register call: 505.255.3388

Carole's Update: LifeWeaving to the Rescue



Albuquerque Sunset

Recently I started working at Sacred Journeys, an alternative health care center here in Albuquerque. At the same time, I became a temporary cat sitter for an out-of-town friend, so kitty needed to be fed twice a day. That first week I came home at the end of each day feeling very tired, with muscle aches, slight sore throat and headache—as though I was coming down with the flu or a cold; yet, by the following morning, I felt fine. On day three, I decided to check out what was going on so using LifeWeaving, I discovered that the *Self* portion of me was worried about losing its freedom—having to actually keep schedules and not being able to totally do what it wanted, when it wanted. I cleared this program and since the clearing, haven't had any more trouble with those 'coming down with something symptoms.' LifeWeaving is great for addressing even simple problems!

*Great ayni to you all
and a healthy new year!*

Carole

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