



September 12, 2010

The Shadow Month of August Gives Way to September's New Doorway

August was a month of both chaos and stability. More deep emotional secrets surfaced in our bodies and, as a result, many of our bodies responded with various health issues. The Grand Cardinal Cross on the 7th called us to change and re-think life; to consider options and then to move forward. And then on the 20th, the planet Mercury went retrograde-moving backwards, affecting communications and causing slow downs and delays in general - yet giving us an opportunity to finish up old projects.

Today Mercury turns direct and moves forward and that will subtly take a load off everyone on the Planet! Throughout the past few months we have (hopefully) been making conscious choices about our new lives as the old falls away and cannot be re-visited with success. The old ways of doing things, the old stand-byes, no longer are successful. Instead we have been attempting to create a new world for ourselves that will fit with the new energy arriving during this time of ascension.

Enter September. This month is like a doorway. Once you really look at who you are, who you have been in the past, and acknowledge your gifts and strengths and weaknesses, the door will open and your path will become clear.

The absolute key now is **SURRENDER** and **TRUST**. Dowsing teacher Eric Dowsett says it this way: "**Let go and let in . . . there is nothing else to do**".

Note that this next week will be a time of great transition so keep track of your thoughts and gut feelings. Be open to information coming in so you can act on it later. Change is in the air both physically, as the summer season changes into Fall, as well as metaphysically, as frequencies keep accelerating on the path to ascension. Be smart and use these natural flows of change to help make your process easier.

Great ayni this month (and much, much better than the last!) . . .

Carole